



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Cafeteria Information
		Eat 1/2 cup of fruits and vegetables with every meal! 	"This institution is an equal opportunity provider and employer."	American Dog w/ Ketchup, Mustard, Relish, Potato Wedges, Baked Beans, Fresh Apple. * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, Chef's Choice	Breakfast Breakfast Choice of one Entrée Item Featured on Menu OR Cereal, Cereal Bar w/ Cheese Stick Choose One Side Assorted Fruits Choose One White or Chocolate Milk
10/4/21	10/5/21	10/6/21	10/7/21	10/8/21	Lunch
Grilled Chicken Sandwich, L,T, Mayo, French Fries, Corn, Sliced Pineapple * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, Trojan Burger	Beef Tacos, L, T, Cheese, Salsa, Rice, Black Beans, Clementine, Chocolate Brownie * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, "Chicken & a Bun" Line	Hot Ham & Cheese Sandwich, L,T, Mayo, Doritos Corn Chips, Carrot & Celery Sticks, Fresh Apple, Oatmeal Cookie * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, Italian Line	Corn Dog, Tri Taters, Creamy Cole Slaw, Fresh Banana * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, BBQ Line	Popcorn Chicken, Waffle Fries, Fresh Broccoli Florets w/ Ranch, Hot Roll w/ Jelly, Tropical Fruit * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, Chef's Choice	RVH Lunch Students must select at least one fruit or vegetable and two other menu items. Students may select all of the items on the featured menu. * GMS / GHS Lunch Choice of one Entrée Main Line - Select one Entrée from Featured Menu. Alt. Line - Rotates Daily (Choice of Chicken Sandwich, Trojan Burger, Pizza, BBQ Rib on a Bun or Crisпитos) Cold Deli Line - All items Offered Daily: Chef Salad Strawberry or Blueberry Yogurt Parfait Cubed Cheese, Grape & Cracker Cups Ham or Turkey Sandwich w/ Doritos Tuna Salad w/ Cucumber, Tomato & Cracker * Choose up to Three Sides Side Salad, Assorted Fresh Fruit, Assorted Canned Fruit, Featured Vegetables, Grains & Desserts * Choose One White or Chocolate Milk
10/11/21	10/12/21	10/13/21	10/14/21	10/15/21	
Beef Nachos, Shredded Letuce, Tomato, Cheese Sauce, Pinto Beans, Fresh Baby Carrots, Fresh Orange * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, "Chicken & a Bun" Line	Country Fried Steak, Mashed Potatoes w/ Gravy, California Vegetables, Rosy Applesauce, Graham Crackers * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, Trojan Burger	Turkey & Swiss Sub Sandwich, Lettuce, Tomato, Onion, Baked Beans, Sun Chips, Fresh Grapes, Sugar Cookie * (6th - 12th) Chef Salad, Fruit & Cold Deli Line, Italian Line	BBQ Boneless Chicken Wings, Romaine Salad w/ Carrot, Tomatoes & Ranch, Sweet Potato Tots, Hot Roll w Jelly, Fresh Pear * (6-12th) Chef Salad, Fruit & Cold Deli Line Mexican Line	Pepperoni Pizza, Italian Vegetables, Fresh Cucumber, Diced Peaches * (6-12th) Chef Salad, Fruit & Cold Deli Line Chef's Choice	
10/18/21	10/19/21	10/20/21	10/21/21	10/22/21	
Breaded Cod Sandwich, L,T, Tater Tots, Steamed Broccoli , Sliced Pineapple * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, "Chicken & a Bun" Line	Chicken & Noodles, Mashed Potatoes, Green Beans, Biscuit, Cherry Applesauce * (6th - 12th) Chef Salad, Fruit & Cold Deli Line, Trojan Burger	Pulled Pork Sandwich, Seasoned Fries, Corn on the Cob, Sliced Peaches * (6th - 12th) Chef Salad, Fruit & Cold Deli Line, Italian Line	Spaghetti w/ Meatballs, Romaine Salad, Garden Vegetables, Garlic Breadstick 6-12, Diced Pears * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, BBQ Line	Chicken Wrap, Green Leaf Lettuce, Tomato, Cheese, Ranch, Baked Beans, Fresh Grapes, Choc. Chip Cookie * (6-12th) Chef Salad, Fruit & Cold Deli Line Chef's Choice	
10/25/21	10/26/21	10/27/21	10/28/21	10/29/21	
Grilled Chicken Nuggets, Waffle Fries, Fresh Broccoli Florets, Tropical Fruit, Hot Roll w/ Jelly * 6- 12th Chef Salad, Fruit & Cold Deli Line "Chicken & a Bun" Line	Frito Chili Pie Beef L,T, Cheese, Salsa, Seasoned Corn, Pineapple Chunks * 6-12th Chef Salad, Fruit & Cold Deli Line "Chicken & a Bun" Line	Pig n' Blanket, Tater Tots w/ Ketchup, Fresh Salad w/ Tomatoes, Fresh Pear, Snickerdoodle Cookie * (6th - 12th) Chef Salad, Fruit & Cold Deli Line, Italian Line	Salisbury Steak, Mashed Potatoes w/ Gravy, Steamed Peas , Hot Roll, Fruit Cocktail * (6-12th) Chef Salad, Fruit & Cold Deli Line Mexican Line	No School 	

This Menu is Subject to Change Without Notice